



Medicaid and Medicaid Waivers

Importance of Long-term Services and Supports

- In order for people to have the lives that they want there needs to be a system of services and supports that are flexible, readily available and comprehensive
- With these supports individuals can live with their families, live with others of their choosing, or live on their own

What you need to know about how supports are paid for?

- Medicaid is the major source of funding for long-term services and supports
- For children under 18 years of age eligibility for Medicaid is based in part on parental income
- Children under 18 can become eligible for Medicaid **regardless** of parental income **if** they have a Medicaid waiver, with the exception of Texas Home Living
- Texas also allows some parents and working adults to buy into the Medicaid program

What is in this presentation

- Medicaid
- Medicaid Managed Care
- Medicaid Long Term Services and Supports
- Medicaid Home and Community Based Waivers
- Medicaid Buy-In

Medicaid

- Medicaid provides access to health care for certain people with limited incomes or extensive medical needs.
- Medicaid also pays for many long term services and supports for people with disabilities.
- Federal-State entitlement program, which means that individuals who are eligible are entitled to certain medically necessary health care services.
- Texas provides additional services to individuals with disabilities through Medicaid waivers.

Frequently used Medicaid Benefits by Individuals with Disabilities

- Doctors and Hospital Visits
- Personal Assistance Services/Personal Care Services
- Community First Choice
- Durable Medical Equipment
- Nursing
- Therapy (OT, PT, ST)
- Psychological Services
- Prescriptions

Medicaid Managed Care

Medicaid Managed Care

- Almost all Medicaid beneficiaries in Texas receive services through a managed care organization (MCO)
- MCOs are entities that provide medically necessary services to individuals and coordinate their care through a network of doctors, hospitals, pharmacies, therapists, behavioral health providers, home health agencies, and other providers
- Each Medicaid beneficiary is assigned a main doctor (member's choice)
- Beneficiaries can choose their MCO
- You may need a referral or prior authorization from your MCO to get certain services

STAR Kids

STAR Kids

- STAR Kids is a managed care program that rolled out November 1, 2016
- Children and young adults under 21 who have SSI or are receiving services from a Medicaid waiver
- Children on MDCP get waiver services through STAR Kids Managed Care.
- Children on HCS, CLASS, DBMD and YES can continue to get their waiver services from these waivers and their medical services from a STAR Kids MCO

STAR+PLUS

STAR+PLUS

- STAR+PLUS serves older adults and adults 21 and over with disabilities
- Each member receives a person-centered service plan and has access to service coordination
- Members have access to medical care and long-term services and supports, like attendant care
- Individuals on HCS, CLASS, DBMD and TxHmL can continue to get their waiver services from these waivers and their medical services from a STAR+PLUS MCO

Medicaid Long-term Services and Supports

Medicaid LTSS

- Medicaid offers some LTSS to individuals with disabilities without a waiver
- Children and young adults under 21 can receive private duty nursing and personal care services
- Adults 21 and older can receive personal attendant services and day activity and health services.
- Individuals of all ages can receive Community First Choice, if they meet the criteria

Community First Choice

- Community First Choice was added as a Medicaid benefit on June 1, 2015 and offers personal assistance services and habilitation for individuals who qualify including individuals with developmental disabilities
- Individual must have Medicaid and meet eligibility criteria for a nursing facility, intermediate care facility or residential treatment center
- Children and young adults under the age of 21 contact their STAR Kids Service Coordinator if they have SSI. You can also contact your LIDDA <https://www.dads.state.tx.us/contact/search.cfm>
- Adults 21 and over with developmental disabilities contact their local intellectual and developmental disability authority <https://www.dads.state.tx.us/contact/search.cfm> or their Managed Care Organization

Medicaid Home and Community Based Waivers

Texas Home and Community-based Waivers

MDCP	Medically Dependent Children Program
CLASS	Community Living Assistance and Support Services
HCS	Home and Community Services
TxHmL	Texas Home Living
DBMD	Deaf/Blind and Multiple Disabilities
YES	Youth Empowerment Services
STAR+PLUS	STAR+PLUS Waiver

Home and Community-Based Services Waivers

Medicaid home and community-based service waivers let States create alternatives to support individuals to live in the community instead of in facilities like hospitals, nursing facilities, or large group homes

Home and Community-Based Services Waivers

- Flexible
- Wide range of services and supports possible
- Family and person centered
- Eligibility based on the person's income and not the family. For children, the income of the parent is NOT considered, except for Texas Home Living
- Waiver is a way for individuals to become eligible for Medicaid
- Waivers are not entitlements so there can be waiting lists

MDCP



MDCP – Medically Dependent Children Program

Alternative to nursing facility for children under 21

Does not consider parental income

Services	
Respite	Flexible Family Supports
Home Modifications	Adaptive Aids
Employment Assistance	Supported Employment
Transition Assistance Services	

E's Benefits



MEDICAID

**Doctor's Visits,
Prescriptions,
Equipment
(wheelchair),
Private Duty Nursing,
Personal care services,
Supplies,
Therapies**



MDCP

**Respite, Home
Mods**

Important Facts About MDCP

- Children and young adults living in nursing facilities can move home with MDCP services
- Children can get MDCP through a limited nursing facility stay
- Children on MDCP automatically transition into STAR+PLUS waiver on their 21st birthday
- MDCP moved into STAR Kids Medicaid Managed Care and STAR Health November of 2016

CLASS



CLASS – Community Living Assistance and Support Services

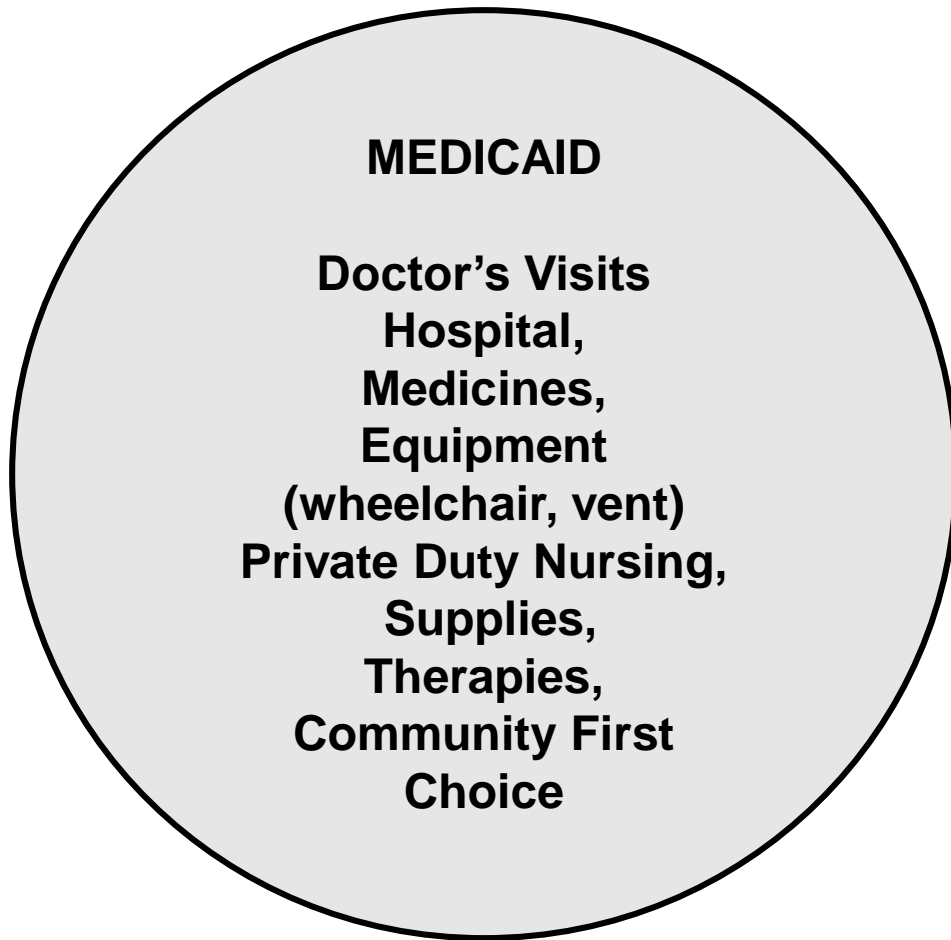
Alternative to ICF group home for children and adults

Does not consider parental income

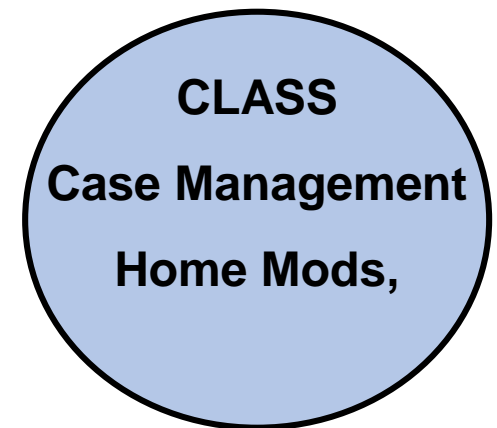
Developmental disability that occurred before 22

Services	
Habilitation	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Specialized Therapies
Nursing	Respite
Behavioral Support including ABA	Prevocational Services
Support Family Services	Transition Assistance Services
Dental	Auditory Enhancement Training
Employment Assistance	

T's Benefits



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Important Facts About CLASS

- There is a way for children and adults to leave nursing facilities and get CLASS
- People who have high needs can ask to go over the yearly cost cap
- Adults over 21 in the waiver get medical services through STAR+PLUS Managed Care and Children in the waiver get medical services through STAR Kids

HCS



HCS – Home and Community Based Services

Alternative to ICF group home for children and adults

Does not consider parental income

Developmental disability with IQ below 70 or a Related Condition and an IQ below 75

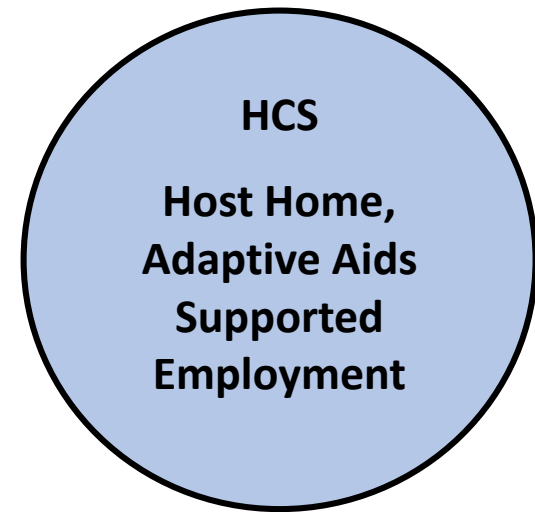
IQ not considered for those individuals who meet medical necessity for nursing facility

Services	
Residential Assistance	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Day Habilitation
Nursing	Respite
Behavioral Support including ABA	Dental
Employment Assistance	

M's Benefits



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Important Facts About HCS

- There is a way for individuals to leave nursing facilities and get HCS regardless of their IQ
- There is a way for individuals to get HCS if they are at risk of going into a nursing facility
- There is a way for individuals to get HCS if they are in a crisis
- People who have high needs can ask to go over the yearly cost cap
- Adults over 21 in the waiver get medical services through STAR+PLUS and children in the waiver get medical services through STAR Kids

TxHmL

TxHmL – Texas Home Living

Alternative to ICF group home for children and adults

Does consider parental income, must have Medicaid or SSI

Developmental disability with IQ below 70 or a Related Condition and an IQ below 75

Services	
Community Support	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Day Habilitation
Nursing	Respite
Behavioral Support including ABA	Employment Assistance
Dental	

Important Facts About TxHmL

- TxHmL has a large number of services, but a lower dollar amount of services
- All or some of the benefits of TxHmL will transition to STAR+PLUS and STAR Kids by September, 1, 2020
- Adults over 21 in the waiver get medical services through STAR+PLUS and children in the waiver get medical services through STAR Kids

YES



YES – Youth Empowerment Services

Alternative to in-patient psychiatric treatment for children 3 - 18

Must meet clinical criteria, including risk of self-harm, risk of severe disruptive or aggressive behavior

Services	
Community Living Supports	Specialized Psychiatric Observation
Home/Vehicle Modifications	Adaptive Aids
Professional Services	Para Professional Services
Nursing	Respite
Supportive Family Based Alternatives	Family Supports
Transitional Services	Non-Medical Transportation

Important Facts About YES

- YES waiver is statewide
- The waiver was implemented in phases across the state
- Children with autism are often denied waiver eligibility even if they have a mental health diagnosis

STAR+PLUS Waiver



STAR+PLUS

Alternative to nursing facility for individuals 21 or older

Must meet the medical necessity criteria for admission to a nursing facility

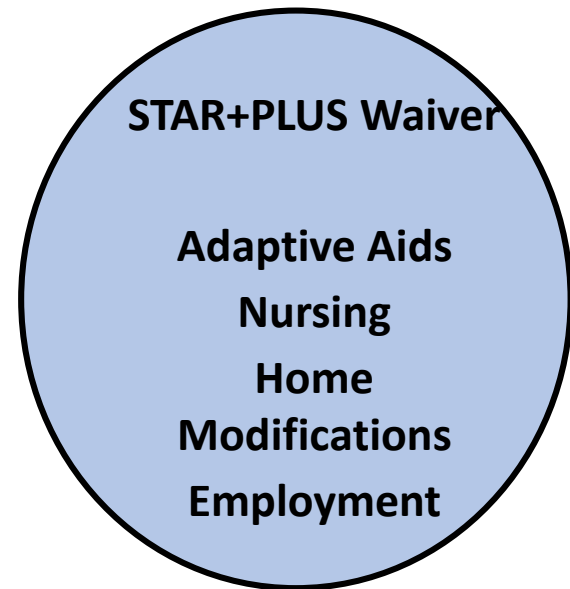
300% SSI income limit

Services	
Personal Assistance Services	Supported Employment
Home/Vehicle Modifications	Adaptive Aids/Medical Supplies
Therapy – ST, OT, PT	Home Delivered Meals
Nursing	Respite
Behavioral Support including ABA	Emergency Response Services
Adult Foster Care	Dental
Transition Assistance Services	Employment Assistance

J's Benefits



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Important Facts About STAR+PLUS

- Young adults who turn 21 and who age out of MDCP or Medicaid Private Duty Nursing move into STAR+PLUS waiver with no wait due to having SSI or meeting a certain level of care
- Individuals who have SSI automatically get STAR+PLUS waiver services with no wait, higher income individuals enter from waiting list
- There is a mechanism for individuals to leave a nursing home and move into STAR+PLUS
- Individuals in STAR+PLUS whose needs exceed the individual cost cap can request from HHSC the ability to exceed the cost cap
- All individuals who were in CBA transitioned to STAR+PLUS on September 1, 2014

Waiting List Contact Information

Waiver	Contact Information
MDCP	1-877-438-5658
CLASS	1-877-438-5658
HCS	Local Authority https://www.dads.state.tx.us/contact/search.cfm
Texas Home Living	Local Authority https://www.dads.state.tx.us/contact/search.cfm
DB/MD	1-877-438-5658
CBA/STAR+PLUS	Local DADS Office https://www.dads.state.tx.us/contact/search.cfm
YES	http://www.dshs.state.tx.us/mhsa/yes/

Medicaid Buy-In



Medicaid Buy-In for Children

Medicaid Buy-In for Children can help pay medical bills for children with disabilities. This program helps families who need health insurance, but make too much money to get traditional Medicaid. Families “buy in” to Medicaid by making a monthly payment (premium).

To be in this program a child must:

- Be age 18 or younger
- Meet the same rules for a disability that are used to get SSI
- Live in Texas.
- Be a U.S. citizen or legal resident.
- Not be married.

Get an application form for Medicaid Buy-In for Children (Form H1200-MBIC).

- Go to www.hhsc.state.tx.us. Click on “How to Get Help.” Then click on “Children.”
- Call 2-1-1 and ask to have a Medicaid Buy-In for Children application mailed to you.
- Go to an HHSC benefits office. Call 2-1-1 to find one near you.

Medicaid Buy-In for Adults

What is the Medicaid Buy-In program?

Allows certain people with disabilities who work to buy into Medicaid.

The program offers low-cost Medicaid health care services — including some community-based services and supports. Some people might have to pay a monthly fee.

Who can be in the Medicaid Buy-In program?

A person who:

Has a disability.

Is working.

Lives in Texas.

Does not live in a state institution or nursing home all the time.

Fill out an application form. You can get it one of these ways:

Download the form: <http://www.hhsc.state.tx.us/Help/1200-MBI-eng.pdf>

Call 2-1-1 and ask to have an H1200 form mailed to you.

Pick up a form at an HHSC benefits office. Call 2-1-1 or 1-877-541-7905 (toll-free) to find one near you.